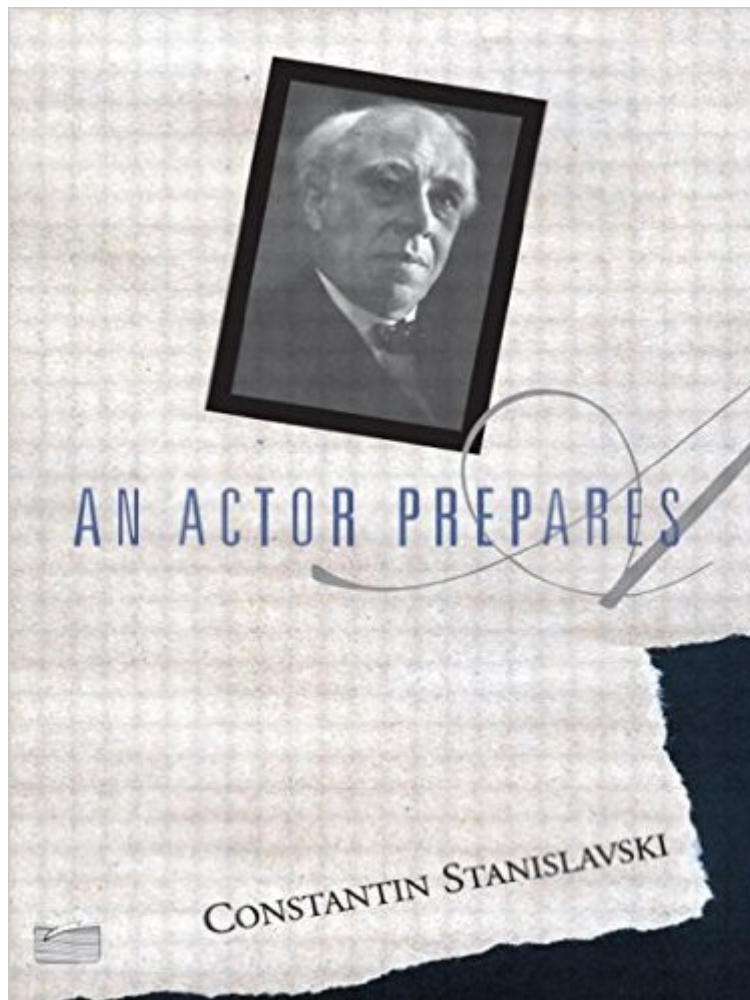


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An Actor Prepares



Synopsis

Stanislavski's simple exercises fire the imagination, and help readers not only discover their own conception of reality but how to reproduce it as well.

Book Information

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Customer Reviews

So much mystery and veneration surrounds the writings of the great Russian teacher and director Stanislavski that perhaps the greatest surprise awaiting a first-time reader of *An Actor Prepares* is how conversational, commonsensical, and even at times funny this legendary book is. After many productions with the Moscow Arts Company, Stanislavski sought a way to introduce his new style of acting to the world outside of his rehearsal hall. The resulting book is a "mock diary" of an actor describing a series of exercises and rehearsals in which he participates. He details his own emotional and intellectual reactions to each effort, and how his superficial tricks and mannerisms begin to disappear as he increasingly gives over his conscious ego to a faith in the creative power of his subconscious. Rarely has any writer on the theater achieved the sort of lucid and inspired analysis of the acting process as Stanislavski does here, and his introduction of such now-standard concepts as "the unbroken line," "the magic if," and the idea of emotional memory has laid the groundwork for much of the great acting of the 20th century. While much excess and nonsense was to follow in the steps of Stanislavski's writings, his original texts remain invaluable, and surprisingly accessible, to any actor or student of drama. --John Longenbaugh

[O]ne of the most inspired and inspiring manifestos of our art that I know.

Its a rough read, to be completely honest. Its not exactly thrilling, but if youre an actor this is a must read. Stanislavski set the bar for modern day actors/acting, and his teachings at the very least must be studied by any aspiring actor. Now, if your looking for something interesting to read. and youre NOT interested in acting and theatre, this probably isn't for you. I love acting, and i bought this for my class, but i'm not a very focused reader and this was a battle to get through. Physically, my copy was fine, i got a used one which i promptly spilled coffee all over and filled with highlights and notes ;) a personal touch i guess. Anyways, i'm very happy with my buy, the book was great quality, but its not for everyone.

The master delivers in this classic. Learn how to trigger the right emotions and senses to connect to the character and given circumstances every time. Follow the exercises to develop what you need to become a natural actor.

Constantin Stanislavski is THE instructor for training the actor. This volume is one part of a three part set on training the actor. It is present in a very easy to follow format ,, it's as though one is reading a story. Highly recommended for any student of the theatre.

It's THE book series for performing artists. Or anyone who wants more access to their creative energy. Just like Yoga/Pilates give you access to more of your own physical body, this does it for movement, creative awareness etc. It's a no brainer to read these, from whatever walk of life you are.

I found this a very interesting read. It gives the reader the experience of being in an actual acting class. After a while you really feel you are part of the class. It wakes you up to certain realities and introduces you to some very useful techniques and principles. I recommend this book for any person who wants to be an actor.

Mind-blowing.....it changes the very perception of defining acting...glad I ordered a book this great....still enjoying it and can't wait to order the second

one....

Even though there is a schism in the different acting methods, it's a good foundation to understand. It's told through stories and examples acting students can visualize easily. Acting is still best learned through action but, it has great concepts to ponder when performing. It's a great first read for any acting student.

Came on time and my daughter is reading it for her theater class

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